



### About Food Walks:

Enroute Indian History has been conducting food walks since 2022. The entire initiative towards **combining heritage with food stems** from the need to create awareness about food ingredients, its rich cultural and travel history and to make people more open to different cuisines, snacks, deserts, and meals that truly justify the pan-India gourmet. The heritage organization has conceptualized several walking food trails that take the participants and the food lovers to different locations and make them try unique food items. The food joints and stops have been curated for their heritage value and their uniqueness.

#### **Cost Deliverables:**

- The **entire food cost** where the participant does not have to spend a penny more after registration.
- The guided tour with a trained professional who will take you to heritage food joints.

- Special giveaway of perishable food items that can be cooked or consumed.
- A designer printed **bookmarks** with recipes and food anecdotes from Indian history.





## Types of Food Walks

### Kuch Khatta Veg Kuch Meetha Chandni Chowk

How can you talk about Chandni Chowk food and not talk about its food? The 17th century Mughal city has people of all communities living here: Hindu, Muslim, Khatri, Jains, Sikh, and at some point Parsis and British. With them came the rich food profile and heavy cross cultural food tradition. The city also developed further after partition of India when refugees settled within the confines of the city and made it their home.

meethai and exclusive food items that you can find only in Old Delhi. In this food walk the registration fees includes all 7 items we are offering for our food walk including chaats, desserts and beverages.

## Jama Masjid

### Non-Veg From Mughal Kitchen

Join us in this walk as we explore the chaat,



Jama Masjid, once was the highest point in Shahjahanabad even higher than Red Fort. Around the imperial, royal mosque of Mughals bazaars and a rich life came up. People from different communities settled around selling exotic items. From all over the world travelers and pilgrims came to either meet Mughal emperor or pay respect to the mosque. Naturally, the food offered around Jama Masjid became some of the most delicious, mouth watering, authentic items that the Mughals relished.

Join us in this walk to explore the streets behind Jama Masjid where hereditary shops as old as 400 years sell the food items rich in spices, ghee, butter and history. We are including a range of dishes including beverages and desserts: butter chicken, mutton nihari, kababs, mutton gorma, khameeri roti, sharbat-e-Mohabbat, and shahi tukda.



## Types of Food Walks

## **Exploring CR Park**

#### Mini Kolkata

Enroute Indian History welcomes you to a scrumptious food walk around CR Park - the mini-Bengal of Delhi. Join us to explore the **7 historic Bengali dishes** including yummy Kathi rolls, ghughni, crisp cutlets, mughlai parantha and the delectable mishti doi - all while learning about the Bengali way of life.



### Majnu ka Tila



### Exploring Mini Tibet

Enroute Indian history welcomes you for a unique flavor experience at Majnu Ka Tila or popularly known as MKT. The colony came up in the 1960s after the exile of his Holiness Dalai Lama and Tibetians who took refuge in India. The neighborhood has architecture that makes the area appear like a mini Tibet. The food is authentic Tibetian cuisine. In recent times the influence of **K-pop and Korean cuisine** is also visible in MKT colony. Take this food walk to eat and shop to heart's content.



## Types of Food Walks

### Dilli Shehr ka Zaika

### Pahargani

This food walk takes you to the heart of 20th century Delhi Shehr 'Paharganj' built on a natural hilltop. The food walk has curated heritage food joints with chatpata khana such as bread pakora, chole bhathure, besan ke bread ki chaat and other food items that are **prepared with fiery spices** and a strong sense of authentic Delhi food.



### Exploring North Campus Food

## Back to Campus

The food walk takes you to the happiest place in Delhi: North Campus. The youthful setting of the campus where students reside and study has led to the coming up of iconic landmark areas where in the evening university kids gather. From Tom Uncle ki Maggi, to Sudama Chai to Anna ke tomato rice this food trip is **full of nostalgia.** Get your best friend along.







# Thank you



account@enrouteindianhistory.com

www.enrouteindianhistory.com

enroute\_indian\_history\_





